



# SANTHIGIRI

## COLLEGE OF COMPUTER SCIENCES

Affiliated to MG University and Approved by AICTE

**2021-2022**

### OBSERVATION OF WORLD DISABILITY DAY 2021

<b>Name of the Programme</b>	CHIRAKU 2K21
<b>Date Conducted</b>	December 3,2021 December 12,2021
<b>Venue</b>	V-Cinemas, Koothattukulam Santhigiri College, Vazhithala
<b>Time and Duration</b>	December 3,2021(10am-1),December 12,2021 (9.30am-4.20pm)
<b>Description of program</b>	<p>Department of Social Work observed on International Day of persons with disabilities on 3<sup>rd</sup> December 2019 with the inmates of Santhigiri Rehabilitation Centre, Vazhithala. The programme was inaugurated by Rev.Fr Paul Parakattel CMI .Students had taken the residents of SRI to V-Cinemas, Koothattukulam for watching Epic movie MARAKKAR</p> <p>Department of Social Work has observed International Day of persons with disabilities CHIRAKU 2021 on December 12. The objective of the program was about promoting the rights and well-being of persons with disabilities at every level of society and development, and to raise awareness of the situation of persons with disabilities in all aspects of political, social, economic, and cultural life. Department hosted this programme by inviting differently abled people from various institutions. Around 250 people from 13 institutions attended this event. This event was inaugurated by Ms. Sheela Jose, Collector Idukki District, in the presence of Rev.Fr Paul Parakattel CMI, Rtn. Dr Anil John, Mr. Reji Abraham, Swasraya Rehabilitation Centre, Mulamthuruthy .We also organized a magic show by Aladdin Magic Entertainment, Kochi for entertaining the differently abled people.</p>



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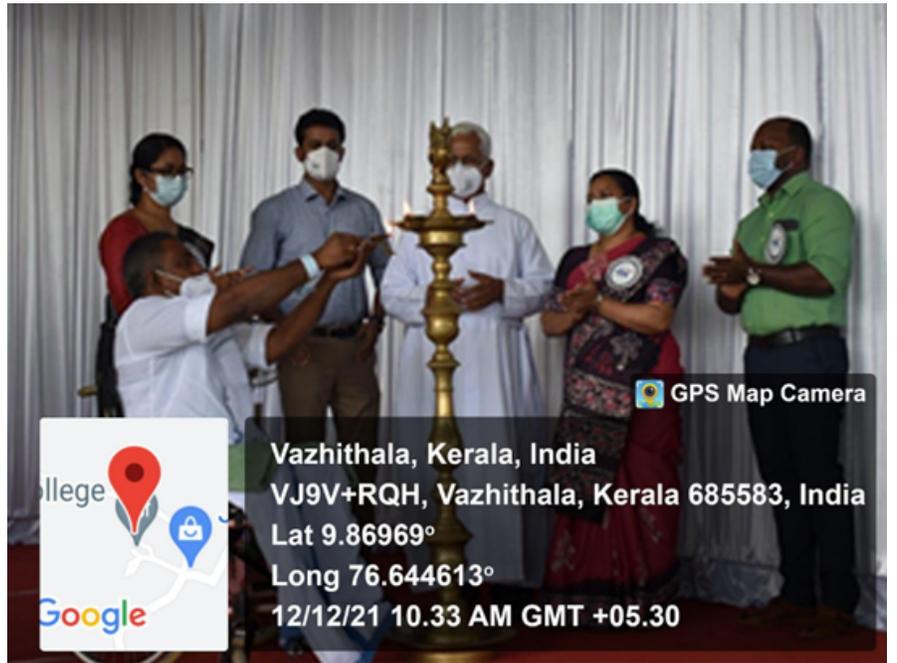
<b>Chief Guests/ speakers if any</b>	Ms. Sheela Jose, Collector Idukki District  Rev.Fr Paul Parakattel CMI
<b>No of Students participated</b>	300
<b>No of Faculties participated</b>	3
<b>No. of Beneficiaries</b>	220
<b>Who organized it</b>	Department of social Work, Santhigiri College, Vazhithala
<b>Outcome of program</b>	Target group participated successfully
<b>List supporting documents/Attachments</b>	<div style="border: 1px solid gray; padding: 10px;"> <p style="text-align: center;"><b>ഭിന്നശേഷി ദിനാചരണം നടത്തി</b></p> <p> <b>വഴിത്തല:</b> ശാന്തിഗിരി കോളേജ് സോഷ്യൽ വർക്ക് വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ കുത്താട്ടുകുളം റോട്ടറി ക്ലബ്ബ്, മാരിക സെന്റ് ആന്റണീസ് ദേവാലയം എന്നിവരുടെ സഹകരണത്തോടെ ഭിന്നശേഷി ദിനാചരണം നടത്തി. ജില്ലാ കളക്ടർ ഷീബ ജോർജ്ജ് ഭിന്നശേഷി സംഗമം ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസിപ്പൽ ഫാ. പോൾ പാറക്കാട്ടേൽ സി എംഐ അധ്യക്ഷത വഹിച്ചു. സോഷ്യൽ വർക്ക് വിഭാഗം മേധാവി ആൻ ഷാരോൺ കാപ്പൻ, ജില്ലാ സാമൂഹിക നീതി ഓഫീസർ വി.ജെ. ബിനോയ്, സ്വാശ്രയ റീഹാബിലിറ്റേഷൻ സെന്റർ ഡയറക്ടർ റെജി എബ്രഹാം, കുത്താട്ടുകുളം റോട്ടറി ക്ലബ്ബ് പ്രസിഡന്റ് ഡോ. അനിൽ ജോൺ എന്നിവർ പ്രസംഗിച്ചു.         </p> <div style="display: flex; justify-content: space-between; align-items: center; margin-top: 10px;">  <div style="text-align: center;"> <p>Mon, 13 December 2021</p> <p><a href="https://epaper.deepika.co">https://epaper.deepika.co</a></p> </div>  </div> </div>



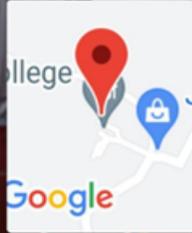
# SANTHIGIRI

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GPS Map Camera



Vazhithala, Kerala, India  
VJ9V+RQH, Vazhithala, Kerala 685583, India  
Lat 9.86969°  
Long 76.644613°  
12/12/21 10.33 AM GMT +05.30



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**SANTHIGIRI**  
COLLEGE OF COMPUTER SCIENCES  
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VAZHITHALA P.O., THODUPUZHA - 685 583, KERALA, INDIA

**CIRCULAR- World Disability Day**

This is to inform you that the "World Disability Day, CHIRAKU" event, conducted by the Department of Social Work, will be held at Santhigiri College on December 3<sup>rd</sup> 2021, from 10:00 am to 1:00 pm, and December 12<sup>th</sup> 2021, from 9:30 am to 4:20 pm. The event's chief guests will be the principal Rev. Fr. Paul Parakattel, CMI, and Ms. Sheela Jose, Collector, Idukki District.

- All the students are requested to be in proper uniform with ID cards.
- All the students are requested to be in the indoor stadium at 1.30 pm.

Thanking You  
Fr. Paul Parakattel CMI  
Principal

*Parakattel*

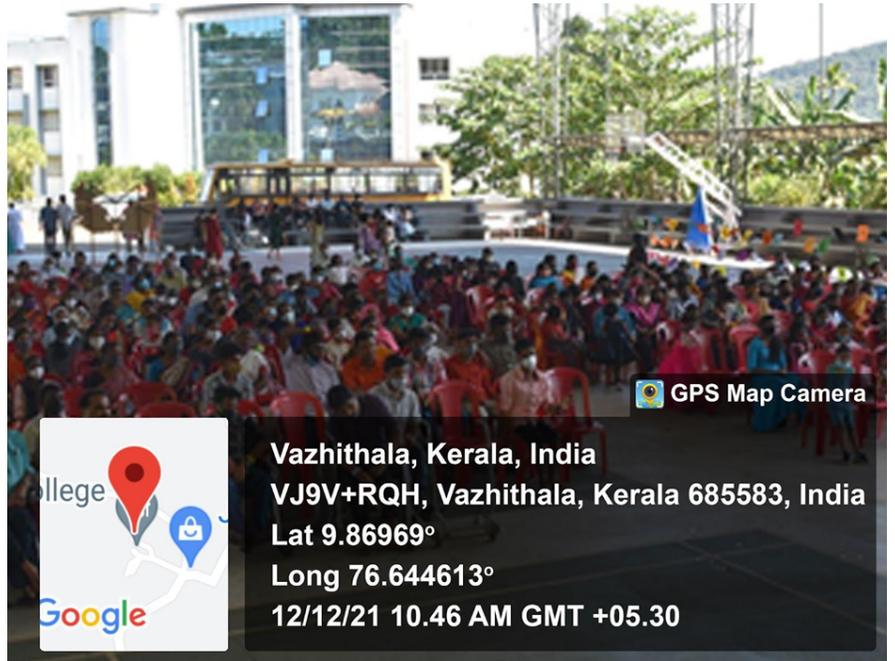
04862 273006 | www.santhigiricollege.com | principalsanthigiricollege@gmail.com | 8281210209, 9446212931



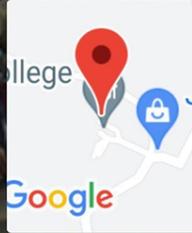
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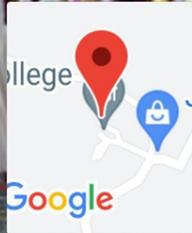
GPS Map Camera



Vazhithala, Kerala, India  
VJ9V+RQH, Vazhithala, Kerala 685583, India  
Lat 9.86969°  
Long 76.644613°  
12/12/21 10.46 AM GMT +05.30



GPS Map Camera



Vazhithala, Kerala, India  
VJ9V+RQH, Vazhithala, Kerala 685583, India  
Lat 9.86969°  
Long 76.644613°  
12/12/21 09.51 AM GMT +05.30



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### ലോക ഭിന്നശേഷി ദിനാചാരണം

## ചിറക്-2021

പ്രിയരേ,  
വഴിതല ശാന്തിഗിരി കോളേജ് സോഷ്യൽ വർക്ക് വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ ശാന്തിഗിരി കോളേജ് ഔട്ട് റീച്ച് പ്രോഗ്രാം,റോട്ടറി ക്ലബ്ബ് കൂത്താട്ടുകുളം, സിറ്റി സ്പോർട്സ് കൂത്താട്ടുകുളം, മാരിക് സെന്റ് ആന്റണീസ് ഇടവക എന്നിവരുടെ സഹകരണത്തോടെ ലോക ഭിന്നശേഷി ദിനം 2021 ഡിസംബർ 11,12 തീയതികളിൽ ഭിന്നശേഷിക്കാരെ പങ്കെടുപ്പിച്ചുകൊണ്ട് ശാന്തിഗിരി കോളേജ് അങ്കണത്തിൽ വെച്ച് അതിവിപുലമായി നടത്തുവാൻ തീരുമാനിച്ചിരിക്കുന്ന വിവരം ഏവരെയും സന്തോഷപൂർവ്വം അറിയിച്ചുകൊള്ളുന്നു. തദവസരത്തിൽ എല്ലാവരുടെയും സാന്നിധ്യവും സഹായസഹകരണങ്ങളും അഭ്യർത്ഥിക്കുന്നു.

#### കാര്യപരിപാടികൾ

11/12/21-സിനിമ പ്രദർശനം  
(V Cinemas, koothattukulam)  
12/12/21-മാജിക് ഷോ  
(Aladin Event Entertainer, Kochi)

#### സ്റ്റുഡന്റ് കോർഡിനേറ്റർസ്

Fr.പോളി ആന്റണി C.M.I  
Ms.ജീവ തങ്കച്ചൻ  
Mr.സന്ദീപ് സന്തോഷ്  
Ms.ബിസ്മിത യൂനസ്

#### ഹെഡ് ഓഫ് റി ഡിപ്പാർട്ട്മെന്റ്

Ms.ആൻ ഷാരോൺ കാപ്പൻ  
**റോട്ടറി ക്ലബ്ബ്**  
Dr. അനിൽ ജോൺ  
പ്രസിഡന്റ് റോട്ടറി ക്ലബ്ബ് കൂത്താട്ടുകുളം

#### ഫാക്കൽറ്റി കോർഡിനേറ്റർസ്

Mr.അരുൺ കെ ആന്റണി  
Adv. സുജാ ജാമിൻ

#### പ്രിൻസിപ്പാൾ

Fr. പോൾ പാറക്കാട്ടേൽ C.M.I

വഴിതല  
30.11.2021



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Contribution from the college : Rs. 10010  
Fundraising : Rs. 21460  
Wellwishers (YWCA - 10000) : Rs. 22485  

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53955

### Expense:

Flex : Rs 1280  
Film : Rs 5990  
meals : Rs 1550  
(11-12)  
snacks : Rs 1000  
Magie : Rs 6000  
mug : Rs 7900  
watch : Rs 1650  
Pot : Rs 1280  
Breakfast : Rs 800  
(snacks)  
water : Rs 560  
stationery : Rs 4200  
Fuel : Rs 1500  
Deo : Rs 9000  

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Total. Expens 42730

53955  
- 42730  

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11225



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Food			
<u>Sponsors</u>			
3.12.	cake	(Anne sharon)	2000 Rs
11.12.	Food	130x 30 (city sports)	3900 Rs.
12.12.	Snacks	200x 10 (Baby chen)	2000 Rs.
12.12.	cake	160x 150 (St. Anthony's Marika)	24000 Rs.
	Film	140x 30 (city sports)	4200 Rs.
	meals	110x 270 (Rotary)	29700 Rs.
	magie	Varkey Manjoran	10000 Rs.
	stage (from college)		15000
		Sponsorship:	90800
		<u>Total Expense</u>	
		90800	Sponsorship
		+ 42730	Total Expense.
		<u>133530</u>	
		Balance: 53955	
		- 42730	
		<u>11225</u>	Balance amount in hand.



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### **REPORT ON ANTI-NARCOTIC DAY**

<b>Name of the Programme</b>	Anti-Narcotic Day
<b>Date Conducted</b>	March 10,2022
<b>Venue</b>	APJ Abdul Kalam Government HSS Thodupuzha
<b>Time and Duration</b>	2.30pm-4 pm
<b>Description of program</b>	Department of social work organized Awareness against Drugs JAGRATHA on 10th March 2022 at APJ Abdul Kalam Government HSS Thodupuzha. Alcohol and drug abuse has emerged as a serious concern in India The objective is to prevent, or at least diminish, children's use of a variety of substances, including licit substances such as alcohol and tobacco as well as illicit ones such as cocaine and marijuana and to alleviate the consequences of drug and alcohol dependence amongst the individual, the family and society at large.253 students attended the awareness class.
<b>Chief Guests/ speakers if any</b>	Mr.C.K Sunil Raj, CI,Excise
<b>No of Students participated</b>	125
<b>No of Faculties participated</b>	1
<b>Who organized it</b>	Department of Social Work
<b>Outcome of program</b>	Successful participation of students



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### ബോധവൽകരണ ക്ലാസ് നടത്തി

തൊടുപുഴ: നഗരസഭയുടെയും ശാന്തിഗിരി കോളേജ് സോഷ്യൽ വർക്ക് വിഭാഗത്തിന്റെയും ആഭിമുഖ്യത്തിൽ ലഹരി ഉപയോഗത്തെ കുറിച്ച് ബോധവൽകരണ ക്ലാസ് നടത്തി. വിദ്യാർത്ഥികൾക്കായി സംഘടിപ്പിച്ച ക്ലാസ് മുനിസിപ്പൽ ചെയർമാൻ സനീഷ് ജോർജ്ജ് ഉദ്ഘാടനം ചെയ്തു. എക്സൈസ് സർക്കിൾ ഇൻസ്പെക്ടർ സി.കെ. സുനിൽ രാജ് ക്ലാസ് നയിച്ചു. സ്കൂൾ പ്രിൻസിപ്പൽ ജയകുമാരി അധ്യക്ഷത വഹിച്ചു. എബിന ബേബി, അലീന പി.ജേക്കബ്, വർഷ ജൈൻ എന്നിവർ പ്രസംഗിച്ചു.



Sat, 12 March 2022

<https://epaper.deepika.com/>



### ബോധവൽകരണ ക്ലാസ് നടത്തി

തൊടുപുഴ: തൊടുപുഴ മുനിസിപ്പാലിറ്റിയുടെയും ശാന്തിഗിരി കോളേജ് സോഷ്യൽ വർക്ക് വിഭാഗത്തിന്റെയും ആഭിമുഖ്യത്തിൽ ലഹരി ഉപയോഗത്തെ കുറിച്ച് ബോധവൽകരണ ക്ലാസ് ഡോ. എ.പി.ജെ അബ്ദുൾ കലാം ഗവ എച്ച്.എസ്.എസ് ഓഡിറ്റോറിയത്തിൽ നടത്തി. മുനിസിപ്പൽ ചെയർമാൻ സനീഷ് ജോർജ്ജ് ഉദ്ഘാടനം ചെയ്തു.

എക്സൈസ് സർക്കിൾ ഇൻസ്പെക്ടർ സി.കെ സുനിൽ രാജ് ബോധവൽകരണ ക്ലാസ് നയിച്ചു. സ്കൂൾ പ്രിൻസിപ്പൽ ജയകുമാരി അധ്യക്ഷത വഹിച്ചു. സ്റ്റുഡന്റ് കോ-ഓർഡിനേറ്റർമാരായ എബിന ബേബി, അലീന പി. ജേക്കബ്, വർഷ ജൈൻ എന്നിവർ പ്രസംഗിച്ചു.



**മിംഗളം**



List supporting documents/Attachments



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### SANTHIGIRI COLLEGE DEPARTMENT OF SOCIALWORK

**ജാഗ്രത 2022**  
(Awareness against drugs)

VENUE: APJ ABDUL KALAM GOVT HSS SCHOOL, THODUPUZHA

DATE : 10/3/2022

TIME : 2:30 PM

#### PROGRAMME SCHEDULE

- Prayer song
- Welcome Speech : Ms. Varsha Jain (Coordinator) (2min)
- Presidential Address: Ms: Jayakumari(Principal of APJ Abdul Kalam school ) (3min)
- Inaugurational Address :Mr: Sanish George(Municipal Chairman) (5min )
- Class section : Mr: Sunil Raj C K (Circle Inspector of Excise) (1 hour )
- Vote of thanks : Ms:Aleena P Jacob( Coordinator) (2min)



Google

Govt.H.S.S Thodupuzha, Kerala, India

Thodupuzha, Kerala 685582, India

Lat 9.868818°

Long 76.644892°

10-03-2022 02:50 PM GMT +05:30



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### REPORT on Mammogram

<b>Name of Programme</b>	Mammogram test for women
<b>Objective of the programme</b>	To know about early signs of breast cancer
<b>Target audience / Batches</b>	Women with 40 plus ages ,inside and outside campus,
<b>Date Conducted</b>	26 <sup>th</sup> February 2022
<b>Venue</b>	Amrita Hospital Kochi
<b>Time and Duration</b>	9.00 AM onwards.
<b>Description of program</b>	Screening mammography is a specific type of breast imaging that uses low-dose x-rays to detect cancer early – before women experience symptoms – when it is most treatable.
<b>No of Students participated</b>	40 Females.
<b>No of Faculties participated</b>	1
<b>Who organized it</b>	MSW department of santhigiri college in Association with Women cell
<b>Outcome of program</b>	Free mammogram test is performed, in real time expensive
<b>List supporting documents/Attachments</b>	



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Amrita Institute of Medical Sciences and  
Research Centre, Kerala, India  
Kochi, Kerala 682026, India  
Lat 10.0329°  
Long 76.2934°  
26-02-2022 02:15 PM GMT +05:30



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### **REPORT ON MENSTRUAL IRREGULARITIES IN WOMEN 2021**

<b>Name of Programme</b>	Webinar on Menstrual irregularities in women
<b>Objective of the programme</b>	To provide knowledge about menstrual irregularities.
<b>Target audience / Batches</b>	All female students of 2021 batch and adolescents girls from neighborhood community of Santhigiri college
<b>Date Conducted</b>	July 22, 2021
<b>Venue</b>	Google Meet ( Online)
<b>Time and Duration</b>	2.30 to 4.00pm
<b>Description of program</b>	The programme was organized by Women's Cell of Santhigiri College on 21 <sup>st</sup> July 2021 for all the girl students. A live online session was taken by Dr. Meena Soman.
<b>Chief Guests/ speakers if any</b>	Dr. Meena Soman
<b>Gusts Profile</b>	Senior Gynecologist, Chazhikattu hospital.
<b>Content of speeches</b>	The program was exclusively for female students, all kind of menstrual problems were discussed., Main discussion was on PCOS which is hormone disorder commonly seen in adolescence.
<b>No of Students participated</b>	325
<b>No of Faculties participated</b>	2
<b>Who organized it</b>	Women cell
<b>Outcome of program</b>	Students got a better understanding about the reasons of menstrual probles.and how to handle this disease effectively before getting worse.



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List supporting documents/Attachments

**WELL BEING WEBINAR**

**MENSTRUAL IRREGULARITIES IN WOMEN**

By  
**Dr. MEENA SOMAN**  
Obstetrician / Gynecologist - in - chief,  
Chazhikattu Hospital, Thodupuzha

22nd July 2021  
03.00pm - 03.45pm

**WOMEN'S CELL**  
SANTHIGIRI COLLEGE OF  
COMPUTER SCIENCES

**Chazhikattu HOSPITAL**  
Caring Mission Since 1933

**Dr. MEENA SOMAN**  
Senior Gynecologist  
Obstetrics & Gynaecology  
Department  
Chazhikattu hospital, Thodupuzha

WOMAN HEALTH WEEK

meena soman



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### INCIDENCE

- Affects 5 to 10% of females
- 20 to 30% have ultrasound appearance

Most common hormonal disorder in women of reproductive age

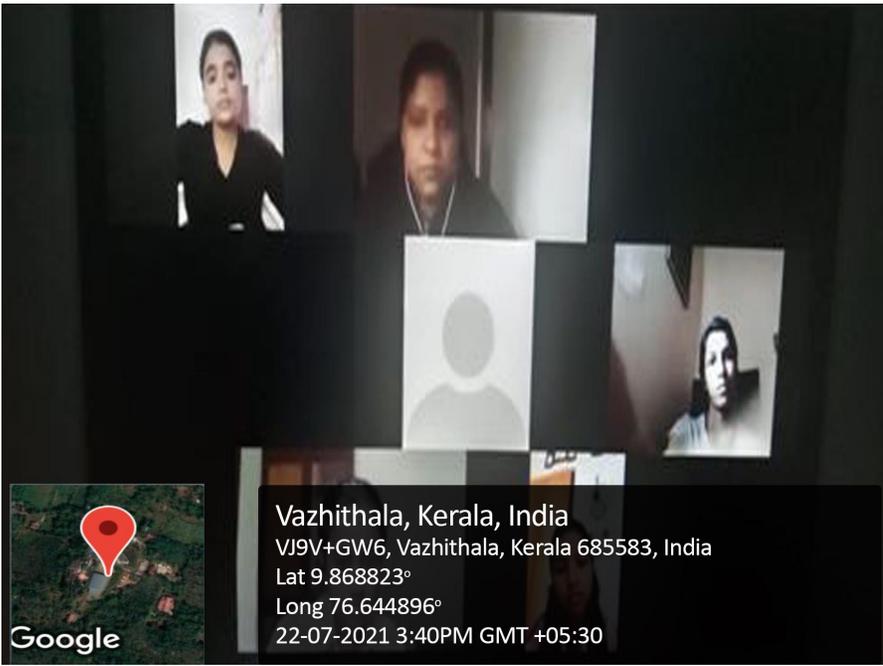


WOMAN HEALTH WEEK

63:42 - Sharing Started



meena soman





Google

Vazhithala, Kerala, India  
VJ9V+GW6, Vazhithala, Kerala 685583, India  
Lat 9.868823°  
Long 76.644896°  
22-07-2021 3:40PM GMT +05:30



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### **REPORT ON GANDHI JAYANTHI**

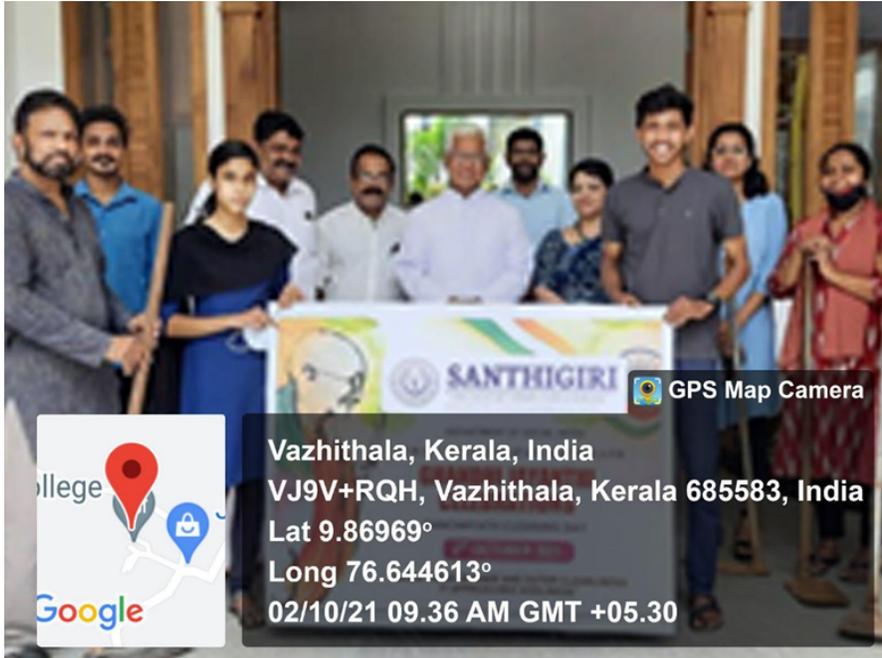
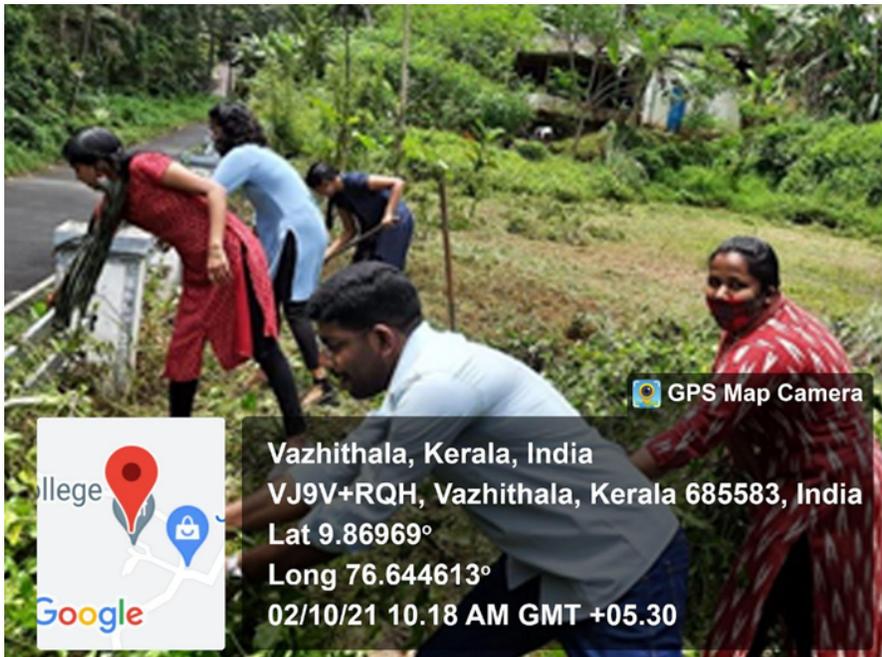
<b>Date Conducted</b>	October 2,2021
<b>Venue</b>	Santhigiri college, Vazhithala and Purapuzha Grama panchayath
<b>Time and Duration</b>	9.30am- 3.30 pm
<b>Description of program</b>	The Department of Social Work observed Gandhi Jayanthi by organizing competitions at school (drawing competition-Gandhi portraits), neighborhood (elocution competition) and community level (documentary competition).An intra -collegiate documentary competition. Students organized dry day as part of this.
<b>Chief Guests/ speakers if any</b>	Fr. Paul Parakattel CMI, Principal, Santhigiri College, Vazhithala.
<b>No of Students participated</b>	30



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<b>No of Faculties participated</b>	3
<b>Who organized it</b>	Department of Social Work
<b>List supporting documents/Attachments</b>	 



# SANTHIGIRI

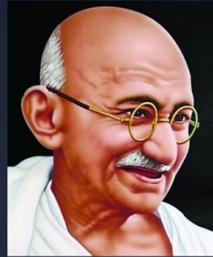
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2 October 2021

## GANDHI JAYANTI

Drawing Competition  
@ St. Sebastián HSS vazhithala

Documentary Competition  
@ neighborhood community

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DEPT OF SOCIAL WORK

 Poster Maker



# **SANTHIGIRI**

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### **REPORT ON UNARVU 2021**

Seven Days Special Camp The highlight of this year's NSS programmes was the Seven Days Annual Camp organized by the NSS unit of Santhigiri College. Since it was a crucial period of recovery from all the damages caused by the Covid 19 pandemic, we decided to give the name as 'Unarvu 2021' to the camp. In this regard, 07 days Special Camp was conducted at Santhigiri College from 26th December 2021 to 01st January 2022. 100 NSS volunteers from different classes participated in the camp. The volunteers have undertaken various activities and tasks both inside and outside the campus such as Organic farming, Preservation of water, Campus cleaning, Social survey etc. Each day of the camp started with Morning assembly. NSS anthem, Message of the day, Presentations of the Camp report and Camp paper were the highlights of each assembly. It was a good warm up session to the volunteers. Most of the physical works were arranged in the morning sessions and the afternoons were filled up with various recreational activities and classes by the Resource persons about relevant topics. The students got opportunities for the display of their artistic talents also during the cultural programmes every day. The camp helped the participants for the overall development of their skills and talents, and formation of attitude towards the society. Leadership skills, organizing skills, critical evaluation skills and social commitment are some of the qualities achieved by them through the participation of this camp.



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### **REPORT ON GO GREEN, PARAKKADAVU 2022**

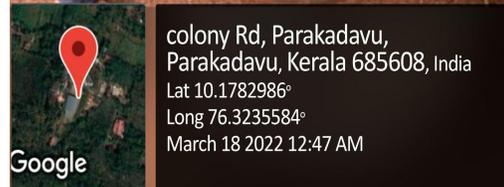
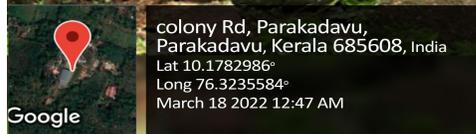
<b>Name of Programme</b>	Go green
<b>Objective of the programme</b>	1.To generate awareness about proper waste disposal . 2. To create awareness about the clean environment.
<b>Target audience / Batches</b>	People's in Parakadavu colony
<b>Date Conducted</b>	17/6/2022
<b>Venue</b>	Parakadavu colony
<b>Time and Duration</b>	10 am –12pm
<b>Description of program</b>	A programme to clean and paint the waste bins of houses in parakadavu colony was conducted by social work department ,santhigiri college on 17/06/2022.The programme was supervised by faculties of social work department. The second year students was divided in to 3 teams for efficiency of the work .It started at 10.00 am and ended at 12.00 pm .Students and faculty members mingled with the natives and able to build a rapport .Everyone had a geat experience and was able to understand the importance of proper way of waste disposal and importance of clean environment .
<b>No of Students participated</b>	28
<b>No of Faculties participated</b>	3
<b>Who organized it</b>	Department of Social Work, Santhigiri college
<b>Outcome of program</b>	Awareness generation about the importance of clean environment .



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List supporting  
documents/Attachments



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### **REPORT ON WORLD NO TOBACCO DAY 2022**

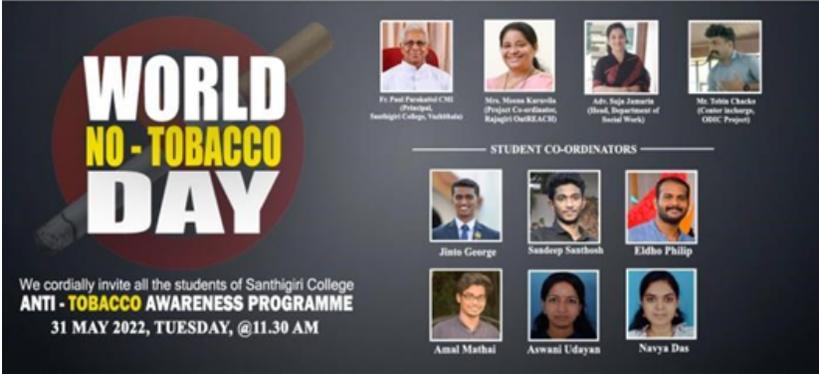
<b>Date Conducted</b>	31 May 2022
<b>Venue</b>	Google Meet (Online Platform)
<b>Time and Duration</b>	11.30 AM to 12.45 PM
<b>Description of program</b>	A webinar on Anti-Tobacco awareness programme
<b>Chief Guests/ speakers if any</b>	Mrs. Meena Kuruvila (Project Co-ordinator, Rajagiri OutREACH, Kalamassery
<b>No of Students participated</b>	67
<b>No of Faculties participated</b>	5
<b>Who organized it</b>	Department of Social Work, Santhigiri College in association with Rajagiri OutREACH, Kalamassery & ODIC Koonammavu
<b>Outcome of program</b>	It created an awareness among the students.
<b>List supporting documents/Attachments</b>	photographs,news reports,brochures



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**WORLD NO - TOBACCO DAY**

We cordially invite all the students of Santhigiri College  
**ANTI - TOBACCO AWARENESS PROGRAMME**  
31 MAY 2022, TUESDAY, @11.30 AM

**FACULTY CO-ORDINATOR**  
Dr. Paul Parakkal CMI (Principal), Santhigiri College, Vellore

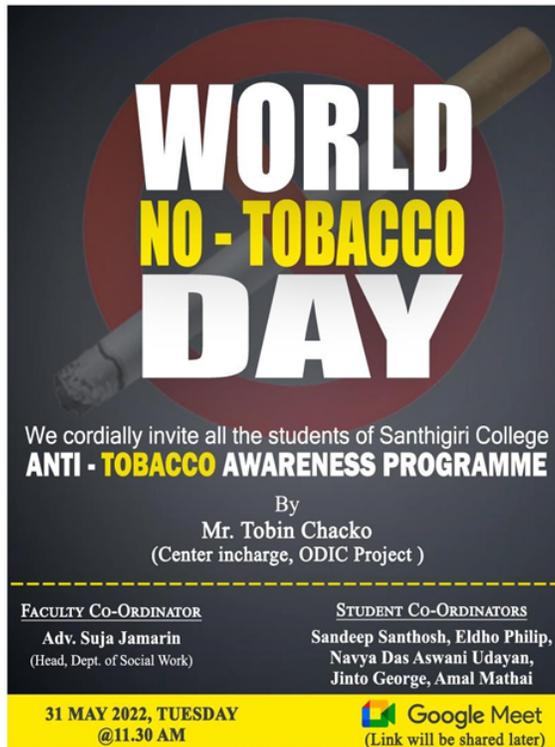
**PROJECT CO-ORDINATOR**  
Mrs. Meena Kureetha (Project Co-ordinator, Rajagiri Outreach, AICTE)

**HEAD, DEPARTMENT OF SOCIAL WORK**  
Adv. Suja Jamarin

**CENTER INCHARGE, ODIC PROJECT**  
Mr. Tobin Chacko

**STUDENT CO-ORDINATORS**

Jinto George, Sandeep Santhosh, Eldho Philip, Amal Mathai, Aswani Udayan, Navya Das

**WORLD NO - TOBACCO DAY**

We cordially invite all the students of Santhigiri College  
**ANTI - TOBACCO AWARENESS PROGRAMME**

By  
**Mr. Tobin Chacko**  
(Center incharge, ODIC Project)

**FACULTY CO-ORDINATOR**  
Adv. Suja Jamarin  
(Head, Dept. of Social Work)

**STUDENT CO-ORDINATORS**  
Sandeep Santhosh, Eldho Philip,  
Navya Das Aswani Udayan,  
Jinto George, Amal Mathai

31 MAY 2022, TUESDAY @11.30 AM

 **Google Meet**  
(Link will be shared later)



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### പോസ്റ്റർ പ്രകാശനം ചെയ്തു

തൊടുപുഴ: ലോക പുകയില വിരുദ്ധ ദിനത്തോട് അനുബന്ധിച്ച് വഴിതെളിയാക്കിയിരിക്കുന്ന കോളേജ് - സോഷ്യൽ വർക്ക് വിഭാഗവും കളമശ്ശേരി രാജഗിരി ഔട്ടറിച്ച് - ഓ.ഡി.ഐ.സി.യും സംയുക്തമായി സംഘടിപ്പിക്കുന്ന ഓൺലൈൻ വെബിനാറിന്റെ പോസ്റ്റർ പ്രകാശനം തൊടുപുഴ എക്സൈസ് സർക്കിൾ ഇൻസ്പെക്ടർ സി.ആർ. പദ്മകുമാർ സ്റ്റുഡന്റ് കോ-ഓർഡിനേറ്റർമാരായ അമൽ മത്തായി, സന്ദീപ് സന്തോഷ് എന്നിവർക്ക് കൈമാറി നിർവഹിച്ചു. കോ-ഓർഡിനേറ്റർമാരായ ജിന്റോ ജോർജ്ജ്, എൽദോ ഫിലിപ്പ്, അശാനി ഉദയൻ, നവ്യദാസ് എന്നിവർ പങ്കെടുത്തു.



Tue, 31 May 2022  
epaper.mangalam.com/c/6



The screenshot shows a Zoom meeting interface. The main content is a presentation slide with a teal background. The slide title is "Effects of Nicotine". Below the title, it lists five effects of nicotine: 1. dizziness, 2. headache, 3. nausea, 4. abdominal cramps, and 5. possibly vomiting or weakness. A note on the slide states: "The following effects may be experienced among people who do not normally smoke tobacco products:". The right side of the screen shows a grid of participants, including Meena Kuruvilla, Anusha Varghese, Elyana Jose, Saja Jamarin, AROMAL M R, Anusha Joseph, and a group of 60 others. The bottom of the screen shows the Zoom control bar with a timestamp of 11:59 and the date 05-31-2022.



# **SANTHIGIRI**

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### **REPORT ON POST COVID AWARENESS**

<b>Name of the Programme</b>	ATHIJEEVANA
<b>Date Conducted</b>	28/10/2021
<b>Venue</b>	Google Meet (Online Platform)
<b>Time and Duration</b>	6.00 pm to 7.00 pm
<b>Description of program</b>	<p>An awareness session of post COVID 19 symptoms. The session covered the topics</p> <ol style="list-style-type: none"><li>1. What is Post COVID 19 Condition?</li><li>2. Common Symptoms</li><li>3. Risk Factors</li><li>4. How Long it may Last</li><li>5. Precautions an preventive measures</li><li>6. Post COVID effects in Children and Adolescents</li></ol>
<b>No of Students participated</b>	30
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Department of Social Work, District Hospital Thodupuzha
<b>Outcome of program</b>	The local people of the Edavetty Panchayath got awareness regarding the post COVID 19 conditions.



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# അതിജീവനം

IT'S OK, TO NOT BE OK

28 October 2021/ 6:00 PM

Webinar on  
Post COVID-19 Awareness

Edavetty Grama Panchayat

List supporting  
documents/Attachments

Dept of Social Work

[www.santhigiri.ac.in](http://www.santhigiri.ac.in)



# **SANTHIGIRI**

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### **REPORT ON POST COVID AWARENESS**

<b>Name of the Programme</b>	SANTHWANAM
<b>Date Conducted</b>	29/10/2021
<b>Venue</b>	Google Meet (Online Platform)
<b>Time and Duration</b>	6.00 pm to 7.00 pm
<b>Description of program</b>	<p>An awareness session of post COVID 19 symptoms. The session covered the topics</p> <ol style="list-style-type: none"><li>1. What is Post COVID 19 Condition?</li><li>2. Common Symptoms</li><li>3. Risk Factors</li><li>4. How Long it may Last</li><li>5. Precautions an preventive measures</li><li>6. Post COVID effects in Children and Adolescents</li></ol>
<b>No of Students participated</b>	30
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Department of Social Work, District Hospital Thodupuzha
<b>Outcome of program</b>	The local people of the Udumbannoor Panchayath got awareness regarding the post COVID 19 conditions.



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List supporting documents/Attachments

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////////////////////

# സാന്തൂല്യം

Spread Fact, Not Fear

29 October 2021/ 6:00 PM

  
Google Meet

Webinar on  
Post COVID-19 Awareness

////////////////////

Edavetty Grama Panchayat

Dept of Social Work [www.santhigiricollege.ac.in](http://www.santhigiricollege.ac.in)



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### **REPORT ON POST COVID AWARENESS**

<b>Name of the Programme</b>	Prathirodham Nammaliloode
<b>Date Conducted</b>	01/11/2021
<b>Venue</b>	Google Meet (Online Platform)
<b>Time and Duration</b>	6.00 pm to 7.00 pm
<b>Description of program</b>	<p>An awareness session of post COVID 19 symptoms. The session covered the topics</p> <ol style="list-style-type: none"><li>1. What is Post COVID 19 Condition?</li><li>2. Common Symptoms</li><li>3. Risk Factors</li><li>4. How Long it may Last</li><li>5. Precautions an preventive measures</li><li>6. Post COVID effects in Children and Adolescents</li></ol>
<b>No of Students participated</b>	30
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Department of Social Work, District Hospital Thodupuzha
<b>Outcome of program</b>	The local people of the Vannapuram Panchayath got awareness regarding the post COVID 19 conditions.



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List supporting  
documents/Attachments



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**പ്രതിരോധം  
നമ്മളിലൂടെ**

**Be Willing to Talk**

**29 October 2021/ 6:00 PM**



Webinar on

**Post COVID-19 Awareness**

**Edavetty Grama Panchayat**

**Dept of Social Work**

[www.santhigiricollege.ac.in](http://www.santhigiricollege.ac.in)



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### **REPORT ON POST COVID AWARENESS**

<b>Name of the Programme</b>	Jagrathayode Surakshitharakam
<b>Date Conducted</b>	02/11/2021
<b>Venue</b>	Google Meet (Online Platform)
<b>Time and Duration</b>	6.00 pm to 7.00 pm
<b>Description of program</b>	<p>An awareness session of post COVID 19 symptoms. The session covered the topics</p> <ol style="list-style-type: none"><li>1. What is Post COVID 19 Condition?</li><li>2. Common Symptoms</li><li>3. Risk Factors</li><li>4. How Long it may Last</li><li>5. Precautions an preventive measures</li><li>6. Post COVID effects in Children and Adolescents</li></ol>
<b>No of Students participated</b>	30
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Department of Social Work, District Hospital Thodupuzha
<b>Outcome of program</b>	The local people of the Purapuzha Panchayath got awareness regarding the post COVID 19 conditions.



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### Webinar on **POST COVID- 19 AWARENESS**

ജാഗ്രതയോടെ  
സുരക്ഷിതരാകാം  
2 November 2021  
6: 00 PM

**CHANGE STARTS WITH YOU**

Purapuzha Grama Panchayat  
Dept of Social Work

[www.santhigiricollege.com](http://www.santhigiricollege.com) 

List supporting  
documents/Attachments



# **SANTHIGIRI**

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### **REPORT ON BLOOD DONATION CAMP**

<b>Name of Programme</b>	<b>Blood Donation Camp</b>
<b>Objective of the programme</b>	To conduct a blood donation camp at Santhigiri college
<b>Target audience</b>	Students and Teachers of Santhigiri College
<b>Date Conducted</b>	January 12, 2022
<b>Venue</b>	Santhigiri College
<b>Description of program</b>	Donating blood is equivalent to giving life. In association with Indian Medical Association (IMA), Santhigiri NSS Unit has organized a Blood Donation Camp on January 12, 2022 at college. The programme was started with the welcome speech. Fr. Principal Presided over the Function. The students from BBA and B.Com were the donors for this schedule. Teachers also donated blood in this cycle.
<b>No of Students participated</b>	99
<b>No of Faculties participated</b>	4
<b>No. of Beneficiaries</b>	As per the hospital requirement
<b>Who organized it</b>	Santhigiri NSS Unit in association with Indian Medical Association (IMA),
<b>Outcome of program</b>	Improved social responsibility



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VAZHITHALA P.O., THODUPUZHA - 685 583, KERALA, INDIA

#### CIRCULAR – BLOOD DONATION CAMPAIGN

Dear Students,

As part of World Blood Donors Day, National Service Scheme in association with Nehru Yuva Kendra and Indian Medical Association decided to conduct blood donation campaign for this academic year on January 2022.

- The teachers and students can participate in this campaign by donating blood.
- The students and teachers who are under medical conditions and underweight will be restricted in donating blood.

Thanking You

Fr. Paul Parakattel CMI  
Principal



04862 273006 | www.santhigiricollege.com | principalsanthigiricollege@gmail.com | 8281210209, 9446212911

**Supporting Documents**



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**YOUR BLOOD COULD SAVE A LIFE.  
MAKE A DIFFERENCE.**

# **DONATE BLOOD !**

**On January 12, 2022**

**Venue: Fr. Bede Memorial Seminar Hall**

**Santhigiri College NSS Unit  
In association with  
Indian Medical Association (IMA).**



# **SANTHIGIRI**

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### **REPORT ON COVID 19 VACCINATION AND PREVENTION**

<b>Name of Programme</b>	<b>Webinar on COVID 19 Vaccination and Prevention</b>
<b>Objective of the programme</b>	To conduct a webinar on the awareness on COVID 19 Vaccination and Prevention through Younger Generation
<b>Target audience</b>	The local people of Purappuzha Grama Panchayath
<b>Date Conducted</b>	2021, March 19
<b>Venue</b>	Google Meet
<b>Description of program</b>	The session handled the Queries and instructions while getting a vaccination. The health professionals assisted the trainees of social work for conducting the session.
<b>No of Beneficiaries</b>	109
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Santhigiri NSS Unit in association with CHC, Purappuzha
<b>Outcome of program</b>	Improved social responsibility



# **SANTHIGIRI**

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**Supporting  
Documents**

**SANTHIGIRI**  
COLLEGE OF COMPUTER SCIENCES

A WEBINAR ON

# **COVID 19 VACCINATION AND PREVENTION**

Santhigiri College NSS Unit  
In association with  
CHC, Purappuzha

2021, MARCH 19 6.00PM - 07.00PM



# **SANTHIGIRI**

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### **REPORT ON ELDER ABUSE AWARENESS DAY**

<b>Name of Programme</b>	<b>Legal rights and protection of senior citizen</b>
<b>Objective of the programme</b>	To conduct a webinar on the awareness on COVID 19 Vaccination and Prevention through Younger Generation
<b>Target audience</b>	The Beneficiaries of Koothattukulam Vayomithram
<b>Date Conducted</b>	May 15, 2022
<b>Venue</b>	Koothattukulam Municipal Hall
<b>Description of program</b>	Adv. Jamarin T Eappen Notary, Koothattukulam took an awareness session on abuses and legal rights of elderly people. Their rights in claiming rewards from their children, their conservation and the grounds of filing a case in Physical and sexual abuse cases
<b>No of Beneficiaries</b>	75
<b>No of Faculties participated</b>	4
<b>Who organized it</b>	Department of Social Work
<b>Outcome of program</b>	Improved social responsibility



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**SANTHIGIRI**  
COLLEGE OF COMPUTER SCIENCES

## **ELDER ABUSE AWARENESS DAY**

**AN AWARENESS ON LEGAL  
RIGHTS AND PROTECTION OF  
SENIOR CITIZEN**

**Department of Social Work  
In association with  
Vayomithram, Koothattukulam**

**Venue: Municipal Hall, Koothattukulam  
June 15, 2022 10.00 am to 11.00 am**

**Supporting  
Documents**





# **SANTHIGIRI**

## **COLLEGE OF COMPUTER SCIENCES**

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### **REPORT ON INTENSIVE ANEAMIA PREVENTION AND CONTROL CAMPAIGN**

<b>Name of Programme</b>	Intensive Aneamia Prevention and Control Campaign
<b>Objective of the programme</b>	To conduct an awareness session on Intensive Aneamia Prevention and Control to the adolescents girls and Mothers in Karimannoor Grama Panchayath
<b>Target audience</b>	The beneficiaries of different anganwadis
<b>Date Conducted</b>	March 21, 2022
<b>Venue</b>	Aganwadi of ward 11
<b>Description of program</b>	Mrs. Asha N (JPHN, PHC Karimannoor) was the resource person for the programme. The session covered the topics like <ol style="list-style-type: none"><li>1. About Aneamia</li><li>2. Symptoms of Aneamia</li><li>3. Importance of healthy diet</li><li>4. Prevention of Aneamia</li><li>5. Safety Measures</li></ol>
<b>No of Beneficiaries</b>	103
<b>No of Faculties participated</b>	2
<b>Who organized it</b>	Department of Social Work Karimannoor Gramapanchayath
<b>Outcome of program</b>	Improved social responsibility



# **SANTHIGIRI**

## **COLLEGE OF COMPUTER SCIENCES**

Affiliated to MG University and Approved by AICTE

**Supporting Documents**

**SANTHIGIRI**  
COLLEGE OF COMPUTER SCIENCES

Department of Social Work

**Intensive Aneamia Prevention and Control Campaign**

In association with FHC, Karimannoor

Venue: Anganwadi, Ward 11  
Time: 10.00am to 11.00am  
Date: March 21, 2022

**Pay attention to the signs,  
Your life matters!**